

MAR
2021

PACIFIC NORTHWEST INSIGHTS NEWS & STORIES



Heroes, Heritage, History

Our President's Message



Hunt Military Communities celebrates the youngest members of our communities. The smallest warriors, the children, often make some of the most significant sacrifices moving from state to state, school to school, and having parents deployed for long periods, along with the myriad other challenges military families face. We are proud to acknowledge and support the tremendous strength and resiliency children of our military families display. To recognize military children, we have launched our 2nd annual "Hunt Little Heroes." We ask that your children share stories of what they think it takes to be a hero and how they've been a positive

influence in their community. Applicants are asked to submit a 300-word essay, a video no longer than 2 minutes, or a drawing telling their "Hero Story" in their own unique way. For the "younger" heroes, a photo with a short caption may also be submitted. All applicants will receive a complimentary Hunt Little Heroes cape and mask. We will select the top three submissions and give a cash prize to each. Applicants can visit <https://learnmore.scholarsapply.org/huntheroesscholarship/> to see if they qualify, and to submit their story. From all of us here at HMC, thank you for your service and sacrifice.

Best,

John Ehle
President
Hunt Military Communities



HuntMilitaryCommunities.com



Irish-American Heritage Month during March in the United States, Americans recognize the numerous contributions of Irish-Americans to the U.S. throughout the years. From the founding fathers to innovative transportation, arts and culture, Irish immigrants for generations left deep roots in the American landscape.

Criss-crossing the country, Irish-American Heritage holds rich traditions and an unmistakable can-do spirit. Their infectious character and indomitable personalities have brought us 22 presidents including Ulysses S. Grant, John F. Kennedy, Ronald Reagan, and Barack Obama to name a few. From inventor and businessman, Henry Ford to journalist Nellie Bly, author F. Scott Fitzgerald and dancer Gene Kelly, their endless talents fill many roles.

From <https://nationaldaycalendar.com/irish-american-heritage-month-march/>

CONTACT INFORMATION



Please see below for our updated contact information:

Office Phone Line: 360-598-5831

Leasing Phone Line: 877-264-7657

Maintenance Work Orders: 888-335-3297

Email: westsoundrso@huntcompanies.com



One-Pan Chicken Parmesan Pasta



This chicken Parmesan pasta uses the one-pot pasta method to cook your noodles, chicken and sauce all in one skillet for a fast and easy dinner with minimal cleanup. Finish the dish under the broiler to achieve a delicious melted cheese crust.

Ingredients

2 tablespoons extra-virgin olive oil, divided	1 tablespoon plus 1 teaspoon minced garlic, divided
¼ cup whole-wheat panko breadcrumbs	1 pound boneless, skinless chicken breast, cut into 1/2-inch pieces
1 teaspoon Italian seasoning	3 cups low-sodium chicken broth
¼ teaspoon salt	1 ½ cups crushed tomatoes
8 ounces whole-wheat penne	¼ cup shredded Parmesan cheese
½ cup shredded mozzarella cheese	¼ cup chopped fresh basil

Directions

Step 1

Heat 1 tablespoon oil in a large ovenproof skillet over medium-high heat. Add panko and 1 teaspoon garlic. Cook, stirring, until the panko is golden brown, 1 to 2 minutes. Transfer to a small bowl and set aside. Wipe out the pan.

Step 2

Heat the remaining 1 tablespoon oil in the pan over medium-high heat. Add chicken, Italian seasoning, salt and the remaining 1 tablespoon garlic. Cook, stirring frequently, until the chicken is no longer pink on the outside, about 2 minutes. Add broth, tomatoes and penne. Bring to a boil and cook, uncovered, stirring frequently, until the penne is cooked and the sauce has reduced and thickened, 15 to 20 minutes.

Step 3

Meanwhile, position an oven rack in the upper third of the oven. Preheat the broiler to high. When the pasta is cooked, sprinkle mozzarella over the penne mixture. Place the pan under the broiler; broil until the mozzarella is bubbling and beginning to brown, about 1 minute. Top with the panko mixture, Parmesan and basil.

Nutrition Facts

Serving Size: 1 1/2 Cups **Per Serving:** 538 calories; protein 41g; carbohydrates 55.8g; dietary fiber 7.3g; sugars 6.6g; fat 17.1g; saturated fat 4.8g; cholesterol 77.3mg; vitamin a iu 488.5IU; vitamin c 9.8mg; folate 18mcg; calcium 212.7mg; iron 4.6mg; magnesium 49.1mg; potassium 874.8mg; sodium 611.6mg; thiamin 0.1mg. **Exchanges:** 3 1/2 Lean-protein, 3 Starch, 1 1/2 Fat, 1 1/2 Vegetable, 1/2 Medium-fat Protein

© COPYRIGHT 2021 EATINGWELL.COM. ALL RIGHTS RESERVED.
Printed from <https://www.eatingwell.com/02/23/2021>

Strong, Brave, Powerful, & Influential

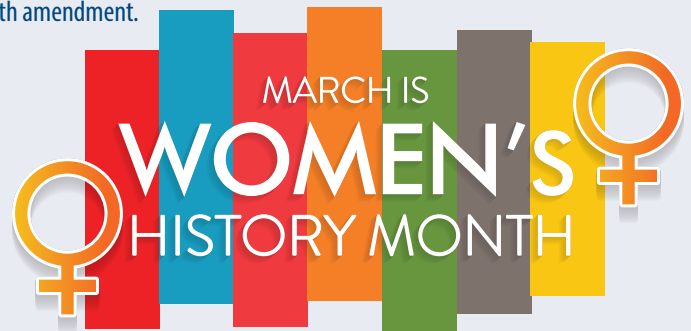
National Women's History Month in March annually encourages us to honor the women who came before us and fought for equality among all races and genders.

"Of all the evils for which man has made himself responsible, none is so degrading, so shocking or so brutal as his abuse of the better half of humanity; the female sex." -Mahatma Gandhi

While America is full of influential women today, hundreds of women came before them, paving the way. Women's History Month serves as a way to not only remember them but keep carrying their torch onward. There's still work to do. During the month, International Women's Day also celebrates the achievements of women from the past and present.

Pioneering Women from History

- In the 1800s, Sojourner Truth was an abolitionist and women's rights activist who was born into slavery and escaped with her infant daughter. She later became known for her "Ain't I a Woman?" speech regarding racial inequalities in the year 1851 at an Ohio Women's Rights Convention.
- Louisa May Alcott worked in the mid-1800s to support her family and their financial difficulties, while she was just a young girl. She wrote one of the most famous novels in American history, "Little Women."
- Susan B. Anthony played a massive role in the women's suffrage movement in 1878 when she and her friends presented an amendment to Congress that, if passed, would give women the right to vote. In 1920 it was ratified as the 19th amendment.



• In the mid-1900s, Marguerite Higgins was a reporter and war correspondent for the New York Herald Tribune during WWII, The Korean War, and the Vietnam War. She was the first woman to win a Pulitzer Prize for Foreign Correspondence.

• Coretta Scott King played a crucial role in keeping alive the legacy of her husband, civil rights leader Martin Luther King Jr., after his death. She started the Martin Luther King Jr. Center for Nonviolent Social Change in 1968 after he was assassinated.

• Rosa Parks was one of the most famous, influential women of the civil rights movement. In 1955, she refused to give up her seat in the "colored section" of a bus to a white man and got charged with civil disobedience. Today, she's widely known as the "mother of the freedom movement."

• Sandra Day O'Connor is the only woman on this list who is still alive today. She is a lawyer, a celebrated judge, and was the first female justice on the Supreme Court from 1981-2006.

The list goes on, and we could have you reading about strong, brave, powerful, and influential women for hours. These women and thousands more played prominent roles in getting women to where they are today.

From <https://nationaldaycalendar.com/national-womens-history-month-march/>

Modified Site Operations

As Hunt Military Communities (HMC) continues to monitor the COVID-19 pandemic we continually look to adjust property operations in accordance with recommendations from the Centers for Disease Control (CDC), state, and local authorities. As a precautionary measure and abundance of thoughtfulness for the health and wellbeing of our staff and residents, we have made the following adjustments to our operations.

NEIGHBORHOOD MANAGEMENT OFFICE

We will be available for your needs with precautionary measures in place for your safety and ours!

- We will be available in the office, Monday – Friday, 8 AM to 5 PM by appointment ONLY or for emergency purposes. Otherwise, our offices will be closed to the public.
- If you have flu-like symptoms including fever, cough, or difficulty breathing, please do NOT come to our offices. We are still here for you and can offer virtual assistance in all matters. Stay home and get well!
- To make an appointment to come to the office, please call us (360) 598-5831.
- If your rent is paid via check, please utilize the rent drop box at the community center entrance. We highly encourage all residents to pay via RentPayment.com or automatic allotment if able.
- For up to date communications and to create a maintenance request, please register using the Hunt Resident App which can be found in the Apple or Android store.
- Move-ins, pre-inspections, and move-outs will be conducted with a Hunt representative and one other person only unless a virtual inspection is requested.
- Our offices will be limited to no more than 1-2 people in the office at a time. All others will be asked to wait outside or in his/her car to practice social distancing.
- Masks will be required to enter our offices. Please bring a mask along with you.
- The use of hand sanitizer will be required of all who enter our offices. We will have sanitizing stations on all office desks, we ask that you please use it.
- Multiple signs are posted throughout our offices reminding everyone to practice social distancing, wear a face mask, and preventative measures in stopping the spread of the virus e.g. washing hands, etc.

What to expect from our team

We are taking extra precautionary measures to keep our office areas clean and safe for everyone's safety!

- Sneeze guards have been installed at every desk as an extra layer of protection.
- Our team is required to wear masks while in office.
- The team is required to use hand sanitizer after every interaction.
- After every visit, contact areas will be wiped down before the next person will be allowed to enter the office.
- Strict cleaning measures have been implemented at the opening of the office, throughout the workday, and at the closing of our office.
- HMC employees have and will continue to receive the required training on all policies and procedures to ensure understanding and adherence to the policy and standards set forth.

MAINTENANCE SERVICES

Maintenance will continue to respond to ALL work order requests at this time. We will continue to screen prior to performing work in your home. Also, we are now requiring some additional precautions of our residents before we enter into a resident's home.

- We will be asking questions to identify any potential risk of exposure to COVID-19 to ensure the most appropriate response. Please note our policy instructs all employees and 3rd party providers to stay home if they are ill, showing signs/symptoms, or have been exposed to COVID -19.
- In order for us to perform repairs in the home, we will require residents to take the following action to ensure our employees can perform work in a safe manner. As a resident, you will have three options when a work order is performed inside their home:

1. Do not be inside the home while work is being performed.
2. Be located in a separate area of the home, with no engagement with our team member.
3. Only 1 member of the family is allowed contact with our team member, and if this occurs a mask must be worn along with maintaining appropriate social distancing.

While we understand this action will be disappointing to some, your health and safety, our employees' health and safety, as well as that of our military, civilian personnel, family members, and the base community is our top priority.

What to expect from our Maintenance Team

Our technicians will continue to take extra precautionary measures to keep their vehicles and work areas clean and safe for all our safety!

- Technicians are required to sanitize their hands before entering the home at every visit.
- Technicians will utilize appropriate Personal Protective Equipment (PPE) to include face coverings, shoe coverings, eye protection, and gloves.
- We ask that anyone in the home maintain a 6-foot social distance. One adult is permitted in the work area, maintaining a 6-foot distance during the repair process. If present in the work order, we would further require a mask/face covering be worn. Please have all other family members and pets located in another area of the home.
- The technician will wipe down/sanitize all possible work surfaces and touch-points before and after the work is completed.
- Technicians are required to wipe down the interior of their vehicle and any touched surface after every home visit and at the beginning and end of their work shift.

AMENITIES

Please know that our intent is to solely limit the exposure to COVID while still allowing some amenities to open for you and your families' enjoyment. We are taking great care to evaluate which amenities can be reopened or remain open with the safety of all in mind. Should there be changes, we will communicate this to you and your family.

EMPLOYEE SPOTLIGHT



This month we wanted to highlight our new Leasing Specialist Rikki Brown. Rikki is originally from Alaska. She comes from a military background and has been familiar with Military Housing as since she was a child. Before coming to work at HUNT, she was a Social worker for 9 years. Even though she was new to Property Management, she has always enjoyed being able to help our residents. In transitioning from her previous role as a Resident Service Specialist, she is really excited that she will now be able to help Military Families find a home that they will be happy living in. When asked if there was a motto she lived by, she said she doesn't have one. However, once you get to know her, you will see that she is a kind-hearted person that is always striving to bring the best possible service to those who are serving or have served.

Maintenance Corner

Is your home ready for colder temperatures? Be ready to "Spring Forward" your clocks? Check out the home maintenance reminders below:

- **Filters** - Please ensure that your air filters are replaced regularly (every 6 months). Stop by the maintenance shop to pick up your FREE filter when you are ready to replace them.
- **Smoke Alarms** - Test all smoke alarms to make sure they are working properly. Check the batteries and replace if necessary.
- **Thermostats** - Check the batteries and replace if necessary. Always keep your heat ON. Reduce temperature to 55 degrees IF traveling and leaving the home.
- **Hose bib Covers** - As the temperatures begin to drop, frozen pipes become a concern. Check your outside faucets and disconnect any hoses that may be attached. Secure your hose bib covers over the faucet for protection. If you are in need of hose bib covers, stop by the maintenance shop to pick one up.
- **Insect/Pest Control** - Residents are allowed and encouraged to treat any insect issues with insect sprays and/or repellents. If the issue persists or is recurring, please contact your maintenance shop for further assistance to resolve the issue.

Upcoming In March

All Month Activity | Share your favorite story of your pet. Every week we will feature our residents stories on the adorable, furry, loved ones.

01 to 31 - Virtual Shamrockin' Shuffle 5K 2021 | @KitsapFFR. It's your race! Anywhere, anytime! Register through myFFR #600001, track your time and take a picture at your "finish line." Post your pic @KitsapFFR Facebook page along with NavyLifePNW.

04 - Comic Con-Test | @KitsapFFR. Can't go to Comicon this year? Then make your own comic book cover! Submit your art to our Facebook page. The cover with the most votes wins!

05 - Oreo Day | Swing by your local community center to pick up a package of Oreos in celebration of National Oreo day on March 6th.

11 - Curbside STEM Craft Pick-Up | 3-5 p.m. at Bangor Recreation Center or The Landings at Jackson Park Come pick up a STEM craft kit and meet subject matter experts from PSNS & IMF, NUWC Keyport, the Puget Sound Navy Museum and the U.S. Naval Undersea Museum. FREE event. One kit per child, please.

12 - CYP Hiring Event | 8:30 a.m.-2:30 p.m. at the Jackson Park Community Center (2572 Cascades Pass Blvd) Do you have a passion for helping kids learn and grow? Are you looking for a satisfying career you can take anywhere? Then we want to interview you! Navy Child & Youth Programs is seeking well-qualified and eager candidates to become new Program Assistants and Program Leaders. Register for your interview timeslot at <https://kitsap.navylifepnw.com/cyp-hiring-form>.

13 - Vacation Movie Trivia | Be sure to RSVP by March 12th!

13 - Glass Float Frenzy at the Beach | 8 a.m. at Navy Getaways, Pacific Beach Join us for a glass float scavenger hunt! Meet in the lobby to receive your map before the hunt begins. Navy health precautions and physical distancing in effect, please bring a face covering with you to this event.

14 - Daylight Savings Time Starts

17 - St. Patrick's Day

17 - St. Patrick's Craft Day | Share with us your favorite St. Patrick's Day Craft. We will make a collage out of all the images we receive!

20 - First Day of Spring

21 - Mean Green Trivia | Be sure to RSVP by March 20!

ENERGY CONSERVATION CHAMPIONS!



The **Rogerson, Toews, Kromer,** and **Oldham** families are all February winners for conserving energy and maintaining a below average gas consumption.

All families received cash prizes for being January's Energy Conservation Champions! **See attached flyer for more details!**





Driving to the Leasing Office is a Thing of the Past!

Enjoy the convenience of making easy payments right from the comfort of your home using the **Hunt Resident App.** 

Effective **February 1st** there will be no fees for direct bank account payments using the **Hunt Resident App.** 

*Does not include credit card and debit card payments.



Hunt Heroes Foundation (HHF),

is now accepting applications for its brand new HHF Scholarship Program!



————— **\$40,000** —————

Will be given out in scholarships to a total of **FIFTEEN** Active Duty Personnel or one of their dependents!

YOU MUST APPLY ONLINE AT

learnmore.scholarsapply.org/huntheroesscholarship

DEADLINE TO SUBMIT A NOMINATION IS

3:00 pm Central Standard Time | March 4, 2021

or until 50 applications are received, whichever comes first.

For questions or more information please email huntheroesscholarship@scholarshipamerica.org



HuntMilitaryCommunities.com





COMMUNITY ADVISORY BOARD

CREATING BETTER COMMUNITIES TOGETHER

- HUNT MILITARY COMMUNITIES -



GET INVOLVED & BE AN ACTIVE
VOICE FOR YOUR COMMUNITY



HUNT IS EAGER TO CREATE A COMMUNITY ADVISORY BOARD
**TO BETTER SERVE OUR RESIDENTS
& MEET THEIR NEEDS.**

We are **LOOKING FOR MOTIVATED RESIDENTS**
that would like to get involved and be an active
voice for the community.

If you interested in being a voice for the community contact the Management Office at:

360.598.5831 • WestSoundRSO@huntcompanies.com

WINTER ENERGY CHAMPION CONTEST

CASH PRIZES FOR CONSERVING ENERGY IN
YOUR HOME EVERY MONTH DURING
NOVEMBER, DECEMBER, JANUARY, AND FEBRUARY



EACH MONTH:

- ❄️ Receive a raffle entry each month you reduce usage below the month average (for your Like Type Group)
- ❄️ Receive a raffle entry by decreasing electric or gas usage by **10%** over last year's usage

**ALL RESIDENTS IN THE NEIGHBORHOOD WITH THE
LOWEST TOTAL CONSUMPTION FROM NOV - FEB WILL
RECEIVE A RAFFLE ENTRY WITH THE FINAL RAFFLE IN MARCH.**

RESIDENTS OUT OF THE HOME DO NOT QUALIFY.
WINNERS MUST CONFIRM THEY WERE IN THE HOME BEFORE PRIZE IS AWARDED.

PRIZE AWARD DATES

November winners are awarded December 31st
December winners are awarded January 31st
January winners are awarded February 28th
February winners are awarded March 31st

**STAY TUNED
FOR MORE**

NAVY REGION NORTHWEST
SPORTS, FITNESS & AQUATICS



It's your race! Anywhere, Anytime!

MARCH 1-31

IT'S AS EASY AS 1-2-3!

- 1 Register through myFFR #600001, track your time and take a picture at your "finish line."
- 2 Post your pic on your installation Facebook page (@WhidbeyFFR, @KitsapFFR or @EverettFFR) along with #Navylifepnw.
- 3 Collect your prize at your Fitness Center.



navylifepnw.com



Thank you to our sponsor

GEICO
MILITARY

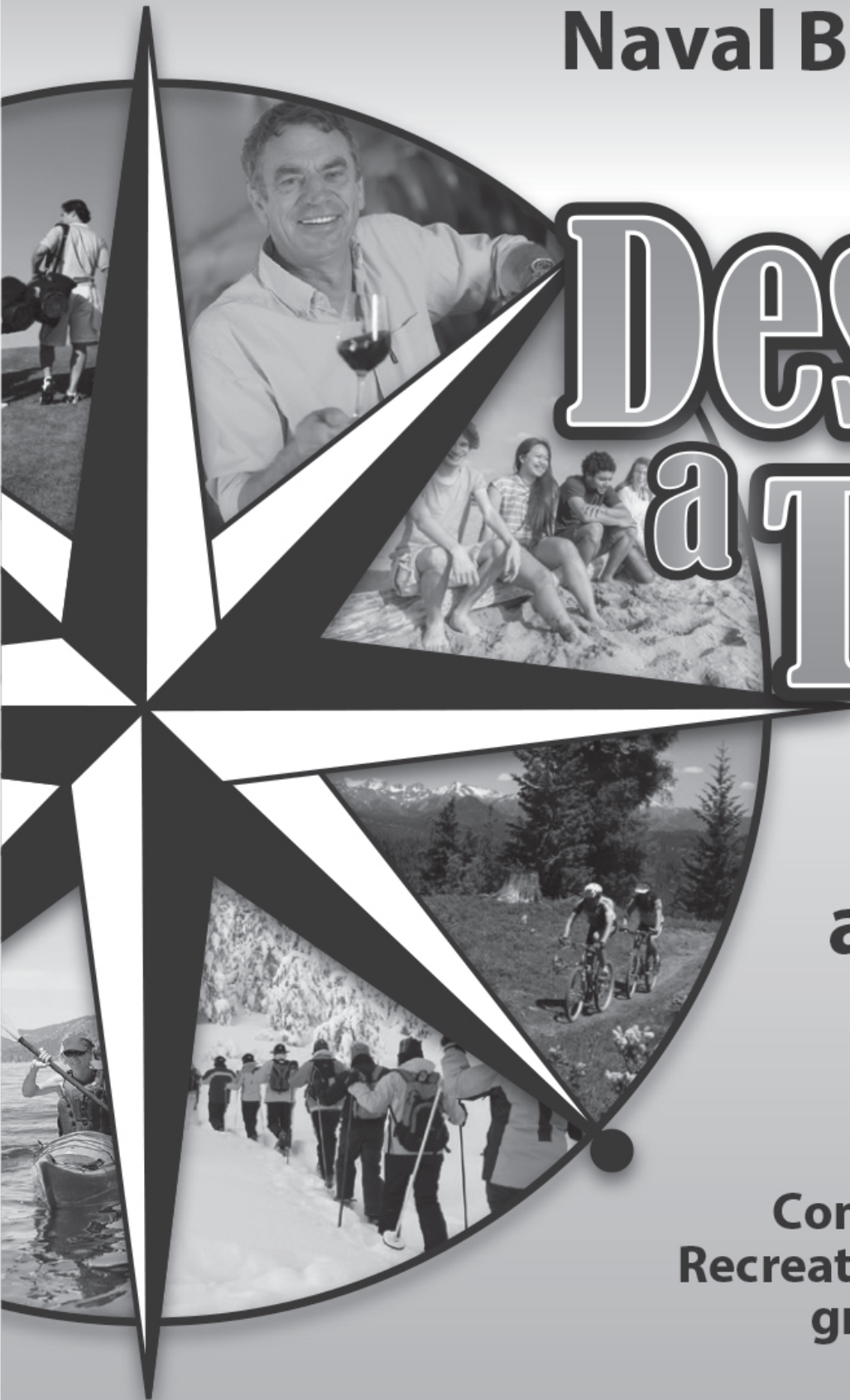
No Federal or Navy endorsement implied.

**Naval Base Kitsap
MWR**

Design a Trip!

**Let
adventure
be your
guide!**

**Contact Community
Recreation to book your
group's trip today!**



navylifepnw.com



**Bremerton Recreation Center:
360-476-3178**

**Bangor Recreation Center:
360-396-2449**